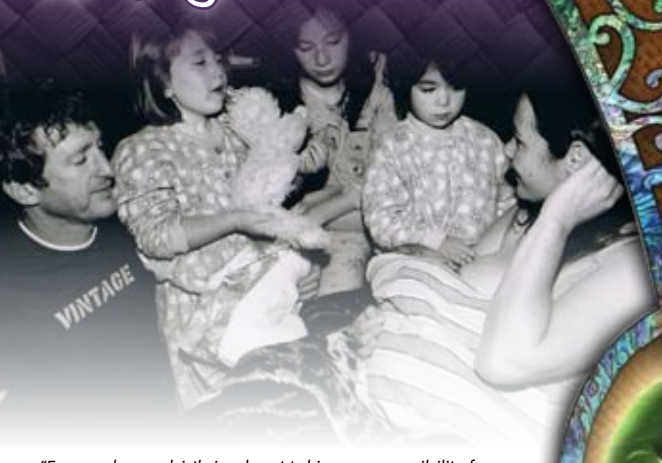


HOME BIRTH

It's your choice



*"For me home birth is about taking responsibility for this powerful life event. The transformations that take place for me and my family with each home birth are profound and deep, it brings a renewed confidence and trust in our strength as a family. When we birth at home supporting one another through an intense and joyous time we know that what ever life becomes, how ever hard it gets, our family has the courage and strength to prosper." **Emily***

- 93% of New Zealand women reported being "very satisfied" with their experience of home birth.
(2007 Maternity Services Consumer Council Satisfaction Survey)
- International studies have found that "planned home births attended by registered midwives are as safe as planned hospital births".
- The New Zealand government supports, promotes and funds home birth in Aotearoa.

www.homebirth.org.nz





Home Birth Aotearoa

"My homebirths made me feel like Superwoman! I loved being in my own home surrounded by familiar faces and being able to all snuggle together in our own bed when all the hard work was done." **Helen**



Home Birth Aotearoa

- Supports and celebrates home birth.
- Represents the regional home birth groups of Aotearoa / New Zealand.
- Provides birthing women and their Whanau with information about the home birth option.

www.homebirth.org.nz

Your local contact is: