



DIRECTORY OF HOME BIRTH MIDWIVES

The midwives listed here have all recently confirmed their details as part of our review completed in February 2010. We are still following up some of the original listings that are currently unconfirmed. If you think you should be listed here, please contact us by email at info@homebirth.org.nz.

Region: Auckland

- **NAME:** Kirsten Augier, "The Midwives"
AREA COVERED: West Auckland
CONTACT DETAILS: Postal: 33 Godley Rd, Green Bay, Auckland
COMMENTS: I'm an independent midwife passionate about homebirth. Last year I had a 13% homebirth rate.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Luise Brandt, "Midwives Collective"
AREA COVERED: Central Auckland
CONTACT DETAILS: Phone: (09) 845 5558 Postal: 1 Taylors Road, Mt Albert, Auckland Email: luiseb@ihug.co.nz
COMMENTS: I especially love to look after women and their families who plan to give birth at home but I am also able to continue care if the need to transfer to hospital arises. I work as part of a group of midwives that has an enormous collective experience and I believe that this enables me to give the best care to women. I have worked as a midwife since 1991 and have given birth at home myself. I am also able to provide care at Birthcare Auckland.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Janine Clemons, "Counties Independent Midwives"
AREA COVERED: Franklin District (South Auckland and North Waikato)
CONTACT DETAILS: Phone: (09) 237 0629 Fax: (09) 238 3855 Postal: 233 Buckville Road, RD2, Pukekohe, 2677 Email: janine_clemons@hotmail.com
COMMENTS: Waterbirth, Homeopathy, Pregnancy acupuncture, Positional techniques, Natural birth
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Abbe Coppins, "The Midwives"
AREA COVERED: West / Central Auckland
CONTACT DETAILS: Email: abbec@me.com
COMMENTS: I am a midwife working in west Auckland and have been attending homebirths for seven years. I love being able to support women and their families in their choice to birth at home and feel privileged to be invited to join in this special event in people's lives. I work in a practice that is committed to natural birth/homebirth.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Ruth Davison, "Counties Midwives"
AREA COVERED: Papakura, Pukekohe, Waiuku, Awhitu and surrounding Franklin District
CONTACT DETAILS: Fax: (09) 237 0666 Postal: P O Box 678, Pukekohe. Email: h20bth@xtra.co.nz
COMMENTS: I offer home birth and water birth, and use acupuncture, homeopathy and herbs in my practice.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Heather Donald, "Maternity Matters Ltd"
AREA COVERED: West Auckland
CONTACT DETAILS: Phone: (09) 838 2950 Postal: 7 Woodford Avenue, Henderson, Auckland Email: heather@maternitymatters.co.nz Website: <http://www.maternitymatters.co.nz>
COMMENTS: I am an experienced midwife providing Hospital and home births. I work in a supportive team of midwives who provide back up cover when required. I work within the philosophy and guidelines of the NZ College of Midwives.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable





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- **NAME:** Carly Frances
AREA COVERED: Central and West Auckland (as far as Huapai)
CONTACT DETAILS: Phone: (09) 810 9943 Email: carly.co@xtra.co.nz
COMMENTS: I have been attending homebirths as a registered midwife for the past 14 years and am also experienced in waterbirth. I had my own 4 babies at home... probably the most empowering experiences I've had. Am also an acupuncturist specialising in women's health. I am passionate about supporting women to birth without drugs and to breastfeed their babies.
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- **NAME:** Karen Hall, "Albany Midwives Collective"
AREA COVERED: North Shore and Hibiscus Coast.
CONTACT DETAILS: Phone: (09) 448 2282 Postal: 3/231 Statehighway 17, Albany Email: kazz37@xtra.co.nz
COMMENTS: I work with women to enable them to make informed choices of care and support during their pregnancy and birthing experience.
MEMBER OF HOMEBIRTH ASSOCIATION: No
- **NAME:** Lesley Hinson, "Know your Midwife"
AREA COVERED: Howick, south to Manurewa, east to Beachlands/Maraetai, west to Panmure/Mt Wellington. Will always help find midwives in other areas if possible.
CONTACT DETAILS: Phone: (09) 534 1276 Fax: (09) 537 9390 Postal: PO Box 39173, Manukau 2145, Auckland Email: lesleyhinson@yahoo.co.nz
COMMENTS: Home for most people is their sanctuary, their 'safe' place, consequently labour and birth at home tends to flow more steadily. A woman is able to focus on her 'instincts' and not feel vulnerable to 'unknown' surroundings/people. Birth is a celebration and I have been privileged to be part of that special time for over 20 years.. I visit at your home and after baby's arrival, postnatal visits go on for 4 -5 weeks, depending on mum's/parents confidence.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- **NAME:** Diane Hirst, "Full Bloom Midwifery"
AREA COVERED: North Shore of Auckland
CONTACT DETAILS: Fax: (09) 478 7901 Postal: 6 Knights Road, Rothesay Bay or c- Community Centre, 110 Hinemoa Street, Birkenhead Email: hirst.diane@gmail.com Website: <http://www.shoremidwives.co.nz>
COMMENTS: There really is nothing in the world quite like the partnership that develops between a midwife and a pregnant woman. It is such a privilege to share that journey. My aim is to help every woman have a fulfilling childbirth experience that makes her feel powerful - in whatever way that is meaningful to the woman and her family. For some women, this will mean birthing at home, or in water, (or both) and for others, this will mean birth in hospital or in a birthing unit. Some women may need specialist input for an underlying medical problem, or perhaps a complication may arise: all can be appropriately supported by midwifery care. You will be encouraged to be flexible and confident in your ability to give birth and become a parent.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Linda Hodson, "Waiheke Midwives"
AREA COVERED: Waiheke Island
CONTACT DETAILS: Phone: 09 372 6366 Postal: 182 Awaawaroa Bay Rd, RDI, Waiheke Island. Auckland Email: lmhodson@hotmail.com
COMMENTS: I work ON Waiheke as much as possible although will deliver women at BirthCare if they can't handle a home birth. I don't have an access agreement with the hospital so only do normal births & prefer working with women who want a natural birth.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Gillian Jenkins
AREA COVERED: Auckland East & Bays Suburbs
CONTACT DETAILS:





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COMMENTS: Full LMC Care. Had 3 homebirths myself.

MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable

- NAME: Gail Kiss, "New Life Midwives"
AREA COVERED: West Auckland
CONTACT DETAILS: Fax: (09) 838 0399 Postal: 7 Pine Ave, Henderson, Auckland 0612 Email: midwitchk@yahoo.co.nz
COMMENTS: Having had 5 homebirths myself I am deeply committed to non interventionist, natural birth that empowers women and focuses on the family.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Jodie Lambert
AREA COVERED: Manukau / Manurewa / Papakura
CONTACT DETAILS: Postal: c- 81 Wordsworth Road, Manurewa Email: jodielaibert@xtra.co.nz
COMMENTS: Waterbirth / All Natural.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Kerry Martin, "The Midwives"
AREA COVERED: West and Central Auckland
CONTACT DETAILS:
COMMENTS: I gave birth to both of my babies at home 17 and 14 years ago. My own birth experiences were powerful and life changing... leading me to wish to support other women and their partners to experience the magic that is homebirth. I am dedicated to supporting women and their partners to birth their babies in the privacy and safety of their own homes. I believe women labour and birth best at home and I love the natural way the rest of the family are included in the whole process of welcoming the new family member.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Cariad Milmine, "New Life Midwifery"
AREA COVERED: Botany, Howick & Pakuranga
CONTACT DETAILS: Phone: (09) 534 7645 Fax: (09) 534 7645 Postal: 9 Jern Place, Eastern Beach, Auckland Email: cariadmilmine@slingshot.co.nz
COMMENTS: I am a mother of four married children and grandmother of nine. I am a Christian and love being involved with women birthing at home.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Tina Patrick
AREA COVERED: Central and West Auckland
CONTACT DETAILS: Phone: (09) 378 9395 Email: tinapattick@vodafone.co.nz
COMMENTS: On leave until April 2010.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Noreen Quinn McKenna
AREA COVERED: Central Auckland and West Auckland
CONTACT DETAILS: Fax: (09) 834 4779 Postal: 274 Te Atatu Rd, Te Atatu Email: nmckenna@xtra.co.nz
COMMENTS: I am an experienced midwife who believes that birth can be natural and undisturbed. I have experienced homebirths myself. I live in central Auckland and would love to be available to provide homebirth care for central Auckland women and their families. I can continue care if a tranfere to hospital occurs. I have access to Auckland hospital, Birthcare and Waitakere hospital.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Anna Ramsay, "Close to Nature Midwifery"
AREA COVERED: North Shore including north to Orewa, the Central City and west to Hobsonville.





Home Birth Aotearoa

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CONTACT DETAILS: Postal: 44 O'Donn Avenue, Beachhaven, North Shore City Email: midwife.anna@gmail.com Website: <http://www.close tonature.co.nz>

COMMENTS: I love homebirth, but also offer support in hospital and birth units as required.

MEMBER OF HOMEBIRTH ASSOCIATION: No

- NAME: Deborah Ross
AREA COVERED: West Auckland
CONTACT DETAILS: Phone: (09) 414 5647 Fax: (09) 414 5647 Postal: 429a Great North Road, Henderson, Auckland
COMMENTS: I am an Independent Midwife who does hospital or home birth Deliveries in the West Auckland area.
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Lynden Shanahan, "Hauraki Midwives"
AREA COVERED: North Shore Auckland
CONTACT DETAILS: Phone: (09) 445 1032 Fax: (09) 445 1039 Postal: 36 Williamson Ave, Belmont 0622, Auckland Email: lynden@digit.co.nz
COMMENTS: Our philosophy of practice is that pregnancy and child birth are normal and natural life events. Our clients are generally well women who we encourage to be proactive in their own health and self care during pregnancy. We are happy to support women to birth at home, hospital or birthing centres and offer water births if circumstances permit. We embrace the use of complimentary therapies in pregnancy - e.g. Acupuncture, massage, homeopathy, herbal preparations if our clients choose. Alternatively we also work collaboratively with other health professionals should any complications of pregnancy, labour or birth arise.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Glenda Southey, "The Midwives"
AREA COVERED: West Auckland
CONTACT DETAILS: Phone: (09) 813 4003 Postal: 33 Godley Rd, Green Bay, Waitakere City Email: gsouthey@xtra.co.nz
COMMENTS: Been a midwife attending homebirths for 9 years. My interest in midwifery was inspired by my own birth experiences over 20 years ago, my 2nd baby was a homebirth & I joined the Auckland Association & ran homebirth antenatal classes as a consumer. Belong to a collective group of midwives strongly committed to natural birth, particularly at home. Experienced in water birth. We run special antenatal classes focused on homebirth & have a huge commitment to fathers/partners being fully involved & hands on during the birth of their baby. Am 100% behind exclusive breastfeeding and choose to be an advocate for babies by not having any information on artificial feeding.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Beatle Treadwell
AREA COVERED: Women living on Waiheke Island
CONTACT DETAILS:
COMMENTS: On Waiheke we have a 30-40% home birth rate and, having had a waterbirth at home myself, I truly believe that home the best place for well women to birth their babies.
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Laura Verryt
AREA COVERED: West / Central Auckland
CONTACT DETAILS: Email: lauraverryt@gmail.com
COMMENTS: I provide full LMC care to women in west and central Auckland, I love attending homebirths.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Nimisha Waller
AREA COVERED: Botany, Howick, Pakuranga, Beachlands and surrounding areas
CONTACT DETAILS: Phone: (09) 537 5568 Fax: (09) 537 5568 Postal: 23 Westview Court, Howick, Auckland 1705 Email: nimisha@howickmidwife.com Website: <http://www.howickmidwife.com>



Home Birth Aotearoa Trust

PO Box 17-324 Karori WELLINGTON
phone: 04 499 1767
email: rep@homebirth.org.nz
www.homebirth.org.nz

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To be added to the database of Home Birth Aotearoa Midwives, register free online at <http://www.homebirth.org.nz/registration.html>



Home Birth Aotearoa

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COMMENTS: Offer birth at home, waterbirth, birth at Botany Maternity Unit and Middlemore Hospital.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes

- NAME: Cathi Wintle, "Counties Independent Midwives"
AREA COVERED: Franklin District including Awhitu, Otatau, Waiuku, Pukekohe, Tuakau, Glenbrook, Karaka, Bombay.
CONTACT DETAILS: Phone: (09) 235 8980 Email: cathiwintle@hotmail.com
COMMENTS: I provide full LMC care for normal pregnancy, and will do shared care with an obstetrician for high risk women (eg twins). I do homebirths and deliveries at Pukekohe Maternity Unit. I will provide antenatal and postnatal care and will attend delivery for women planning elective C-sections at Middlemore. I also do waterbirths.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Carolyn Young
AREA COVERED: West Auckland
CONTACT DETAILS: Phone: (09) 412 7778 Email: bernard.y@xtra.co.nz
COMMENTS: I am a founding member of the Home Birth Association and birthed my own children at home, many years ago! It is my preferred option of practice despite the more personalised care now possible in a hospital setting.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable

