



DIRECTORY OF HOME BIRTH MIDWIVES

Region: Auckland

- **NAME:** Kirsten Augier, "The Midwives"
AREA COVERED: West Auckland
CONTACT DETAILS: Mobile: (021) 229 9914 Postal: 33 Godley Rd, Green Bay, Auckland
COMMENTS: I'm an independent midwife passionate about homebirth. Last year I had a 13% homebirth rate.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Vanessa Bowden, "The Midwives Green Bay"
AREA COVERED: Waitakere City & Central Auckland
CONTACT DETAILS: Mobile: (021) 877 390 Postal: 33 Godley Road, Green Bay, Waitakere City
COMMENTS: We are a very homebirth friendly practice with a high rate of women who choose to birth at home.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Luise Brandt, "Midwives Collective"
AREA COVERED: Central Auckland
CONTACT DETAILS: Mobile: (021) 477 383 Phone: (09) 845 5558 Postal: 1 Taylors Road, Mt Albert, Auckland Email: luiseb@ihug.co.nz
COMMENTS: I especially love to look after women and their families who plan to give birth at home but I am also able to continue care if the need to transfer to hospital arises. I work as part of a group of midwives that has an enormous collective experience and I believe that this enables me to give the best care to women. I have worked as a midwife since 1991 and have given birth at home myself. I am also able to provide care at Birthcare Auckland.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Karen Carson, "The Cottage Midwives"
AREA COVERED: North Shore of Auckland, particularly Birkdale, Beach Haven, Glenfield, Hillcrest, Northcote, Birkenhead.
CONTACT DETAILS: Mobile: (021) 180 4382 Fax: (09) 963 4487 Postal: 41 Neptune Avenue, Beach Haven, North Shore, Auckland Email: karen@thecottagemidwives.co.nz Website: <http://www.thecottagemidwives.co.nz>
COMMENTS: We offer home, water or hospital birth. At the cottage midwives we believe that childbirth is an important part of a woman's life and we provide continuity of care, support and education with an aim to providing an empowering and positive birth experience.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Janine Clemons, "Counties Independent Midwives"
AREA COVERED: Franklin District (South Auckland and North Waikato)
CONTACT DETAILS: Mobile: (021) 884 176 Phone: (09) 237 0629 Fax: (09) 238 3855 Postal: 233 Buckville Road, RD2, Pukekohe, 2677 Email: janine_clemons@hotmail.com
COMMENTS: Waterbirth, Homeopathy, Pregnancy acupuncture, Positional techniques, Natural birth
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Heidi Copland, "Kaipara Midwives"
AREA COVERED: West Auckland, Helensville, South Head, Waitoki and North of KKK.
CONTACT DETAILS: Mobile: (027) 226 6655 Phone: (09) 420 7931 Email: heidi.copland@xtra.co.nz
COMMENTS: My passion is keeping birth as a normal progress and working with whanau to help them achieve the birth they want. I have a wealth of experience in home births, water births and natural childbirth. I have been a midwife for 15 years and trained in the uk. I have 3 young boys 2 of which were born at home.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable





Home Birth Aotearoa

DIRECTORY OF HOME BIRTH MIDWIVES

- **NAME:** Abbe Coppins, "The Midwives Green Bay"
AREA COVERED: West / Central Auckland
CONTACT DETAILS: Mobile: (021) 683 993 Postal: 33 Godley Road, Green Bay, Waitakere City Email: abec@me.com
COMMENTS: I am a midwife working in west Auckland and have been attending homebirths for seven years. I love being able to support women and their families in their choice to birth at home and feel privileged to be invited to join in this special event in people's lives. I work in a practice that is committed to natural birth/homebirth.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Heather Donald, "Maternity Matters Ltd"
AREA COVERED: West Auckland
CONTACT DETAILS: Mobile: (027) 584 8444 Phone: (09) 838 2950 Postal: 7 Woodford Avenue, Henderson, Auckland 0610 Email: heather@maternitymatters.co.nz Website: <http://www.maternitymatters.co.nz>
COMMENTS: I am an experienced midwife providing Hospital and home births. I work in a supportive team of midwives who provide back up cover when required. I work within the philosophy and guidelines of the NZ College of Midwives.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Melissa Dorr, "The Midwives Green Bay"
AREA COVERED: Waitakere City & Central Auckland
CONTACT DETAILS: Mobile: (021) 229 9915 Postal: 33 Godley Road, Green Bay, Waitakere City
COMMENTS: We are a very homebirth friendly practice with a high rate of women who choose to birth at home.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Arlene Easthope
AREA COVERED: I cover the whole of Waitakere and Rodney up to Murawahi beach. My clinic room is in Swanson.
CONTACT DETAILS: Mobile: (021) 292 2998 Phone: (09) 832 2308 Fax: (09) 832 9118 Postal: 32 O'Neills Road, Swanson, Auckland 0614 Email: birthnz@gmail.com
COMMENTS: I have great confidence in women's bodies and in the natural process of pregnancy, childbirth and the postpartum. I have a real passion for midwifery and aim to empower women by giving them up-to-date information to make informed decisions and to grow in confidence as mothers and as women and feel positive about themselves, their bodies and abilities. I believe that continuity of care is the key to effective midwifery and that in building a working partnership with women I can provide holistic care which can empower women and promote wellness. I believe that women are the cornerstone of society. By promoting wellness in women, you promote wellness in the family and thus in the community.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- **NAME:** Carly Frances
AREA COVERED: Central and West Auckland (as far as Huapai)
CONTACT DETAILS: Mobile: (021) 276 3845 Phone: (09) 810 9943 Email: carly.co@xtra.co.nz
COMMENTS: I have been attending homebirths as a registered midwife for the past 14 years and am also experienced in waterbirth. I had my own 4 babies at home... probably the most empowering experiences I've had. Am also an acupuncturist specialising in women's health. I am passionate about supporting women to birth without drugs and to breastfeed their babies.
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- **NAME:** Kathy Fray, "MotherWise Maternity"
AREA COVERED: Central Northern Shore to Southern Warkworth
CONTACT DETAILS: Mobile: (027) 436 4750 Fax: (09) 426 9177 Postal: Orewa House, 498 Hibiscus Coast Highway, Orewa, Hibiscus Coast Email: kathy@motherwise.co.nz Website: <http://www.motherwise.co.nz>
COMMENTS: Continuity of care midwife embracing holistic therapies and naturopathic remedies
MEMBER OF HOMEBIRTH ASSOCIATION: No





DIRECTORY OF HOME BIRTH MIDWIVES

- **NAME:** Lesley Hinson, "Know your Midwife"
AREA COVERED: Howick, south to Manurewa, east to Beachlands/Maraetai, west to Panmure/Mt Wellington. Will always help find midwives in other areas if possible.
CONTACT DETAILS: Mobile: (021) 360 738 Phone: (09) 534 1276 Fax: (09) 537 9390 Postal: PO Box 39173, Manukau 2145, Auckland Email: lesleyhinson@yahoo.co.nz
COMMENTS: Home for most people is their sanctuary, their 'safe' place, consequently labour and birth at home tends to flow more steadily. A woman is able to focus on her 'instincts' and not feel vulnerable to 'unknown' surroundings/people. Birth is a celebration and I have been privileged to be part of that special time for over 20 years.. I visit at your home and after baby's arrival, postnatal visits go on for 4 -5 weeks, depending on mum's/parents confidence.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- **NAME:** Diane Hirst, "Full Bloom Midwifery"
AREA COVERED: North Shore of Auckland
CONTACT DETAILS: Mobile: (021) 951 190 Fax: (09) 908 1028 Postal: Unit G, 100 Don McKinnon Drive, North Ridge Plaza, Albany 0632 Email: hirst.diane@gmail.com Website: <http://www.shoremidwives.co.nz>
COMMENTS: There really is nothing in the world quite like the partnership that develops between a midwife and a pregnant woman. It is such a privilege to share that journey. My aim is to help every woman have a fulfilling childbirth experience that makes her feel powerful - in whatever way that is meaningful to the woman and her family. For some women, this will mean birthing at home, or in water, (or both) and for others, this will mean birth in hospital or in a birthing unit. Some women may need specialist input for an underlying medical problem, or perhaps a complication may arise: all can be appropriately supported by midwifery care. You will be encouraged to be flexible and confident in your ability to give birth and become a parent.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Linda Hodson, "Waiheke Midwives"
AREA COVERED: Waiheke Island
CONTACT DETAILS: Mobile: (021) 0231 8189 Phone: 09 372 6366 Postal: 182 Awaawaroa Bay Rd, RD1, Waiheke Island, Auckland 1971 Email: lmhodson@hotmail.com
COMMENTS: I work ON Waiheke as much as possible although will deliver women at BirthCare if they can't handle a home birth. I don't have an access agreement with the hospital so only do normal birhs & prefer working with women who want a natural birth.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Denise Hynd, "Birth Matters"
AREA COVERED: West Auckland to Muriwai
CONTACT DETAILS: Mobile: (021) 118 6197 Phone: (09) 832 3467 Postal: 30/457 Swanson Rd, Ranui, West Auckland Email: midwifedenise@vodafone.co.nz
COMMENTS: I am an Australian nurse, midwife and lactation consultant with more than 30 years diverse clinical and teaching experiences in Australia, the UK, Papua New Guinea and now 3 years in Aotearoa/New Zealand. Most of my past experiences have been hospital based though I practised on a community based midwifery (homebirth) programme in Perth (<http://www.cmwa.net.au/>) as well as doing homebirths here, there and I in Singapore. These experiences, and a lot of research have shown me that a lack of understanding of women's ability to carry and birth their babies naturally, together with a modern fear, misunderstanding and inadequate appreciation that natural pregnancy and birth is a vital foundation for healthy individuals, families and societies, hinders many women today having easier, more joyful births! Women need the support of their families and community to have a positive pregnancy, to labour in a safe, respectful and private place, so children are nurtured and birthed in love. From January 2011, I will be offering continuous midwifery care through pregnancy, birth and up to 6 weeks for women to labour and birth at home or a primary unit (birth centre) as well as Positive Pregnancy Preparation, Positive Parenting Preparation and VBAC (Vaginal Birth After Caesarian) information sessions (see my web site) .
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable





DIRECTORY OF HOME BIRTH MIDWIVES

- **NAME:** Terri Jones, "The Midwives Green Bay"
AREA COVERED: Waitakere City & Central Auckland
CONTACT DETAILS: Mobile: (027) 250 7799 Postal: 33 Godley Road, Green Bay, Waitakere City
COMMENTS: We are a very homebirth friendly practice with a high rate of women who choose to birth at home.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Andrina Kelly, "The Cottage Midwives"
AREA COVERED: North Shore and Central Auckland
CONTACT DETAILS: Mobile: (027) 252 8345 Email: andrina@thecottagemidwives.co.nz Website: <http://www.thecottagemidwives.co.nz>
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Gail Kiss, "New Life Midwives"
AREA COVERED: West Auckland
CONTACT DETAILS: Mobile: (021) 023 58546 Phone: (09) 838 0394 Fax: (09) 838 0399 Postal: 7 Pine Ave, Henderson, Auckland 0612 Email: midwitchk@yahoo.co.nz
COMMENTS: Having had 5 homebirths myself I am deeply committed to non interventionist, natural birth that empowers women and focuses on the family.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Louise Lucas, "The Midwives Green Bay"
AREA COVERED: Central to West Auckland
CONTACT DETAILS: Mobile: (021) 426 776 Postal: 1 - 72 Richmond Road, Grey Lynn, Auckland 1021 Email: louise@themidwives.co.nz
COMMENTS: I believe in keeping birth as natural as possible. I do waterbirths and love supporting women and their families / whanau as the journey they are on empowers and strengthens them.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Kerry Martin, "The Midwives Green Bay"
AREA COVERED: West and Central Auckland
CONTACT DETAILS: Mobile: (021) 537 791
COMMENTS: I gave birth to both of my babies at home 17 and 14 years ago. My own birth experiences were powerful and life changing... leading me to wish to support other women and their partners to experience the magic that is homebirth. I am dedicated to supporting women and their partners to birth their babies in the privacy and safety of their own homes. I believe women labour and birth best at home and I love the natural way the rest of the family are included in the whole process of welcoming the new family member.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Jo Mendoza
AREA COVERED: Eastern Suburbs
CONTACT DETAILS: Mobile: (021) 031 6851 Phone: (09) 522 5485 Postal: 105A Abbotts Way, Remuera, Auckland 1050 Email: joandcaleb@xtra.co.nz
COMMENTS: I am a midwife whose practice is grounded in the assumption that pregnancy and childbirth are part of the natural life cycle of each woman. I view pregnancy and childbirth as a physiological process that I can support and nurture so that it may remain as normal as possible. My practice is woman-centred and respectful of family dynamics. I am able to provide care that is flexible, dynamic, supportive and empowering, and I strive to facilitate an experience that is healthy, safe and satisfying. I provide LMC care for women who live in Ellerslie, Remuera, St Johns, Meadowbank, Glendowie and the Bays. I am able to support you to have your baby at home, Birthcare Parnell, or Auckland City Hospital.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable





DIRECTORY OF HOME BIRTH MIDWIVES

- **NAME:** Tina Patrick, "BirthWest"
AREA COVERED: West Auckland and Central West Auckland
CONTACT DETAILS: Mobile: (021) 849 321 Pager: (086) 507 810 Fax: (09) 962 1214 Postal: 29 Cowan Street, Ponsonby, Auckland 1011 Email: tinapatrick@vodafone.co.nz Website: <http://www.birthwest.co.nz>
COMMENTS: 15 years experience & commitment to offering homebirth to the women of West and Central West Auckland
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Noreen Quinn McKenna
AREA COVERED: Central Auckland and West Auckland
CONTACT DETAILS: Mobile: (021) 807 526 Phone: (09) 815 6775 Fax: (09) 834 4779 Postal: 274 Te Atatu Rd, Te Atatu, Auckland 0610 Email: nmckenna@xtra.co.nz
COMMENTS: I am an experienced midwife who believes that birth can be natural and undisturbed. I have experienced homebirths myself. I live in central Auckland and would love to be available to provide homebirth care for central Auckland women and their families. I can continue care if a tranfere to hospital occurs. I have access to Auckland hospital, Birthcare and Waitakere hospital.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Anna Ramsay, "Close to Nature Midwifery"
AREA COVERED: North Shore including north to Orewa, the Central City and west to Hobsonville.
CONTACT DETAILS: Mobile: (027) 477 9515 Postal: 44 O'Donn Avenue, Beachhaven, North Shore City 0626 Email: midwife.anna@gmail.com Website: <http://www.close tonature.co.nz>
COMMENTS: I love homebirth, but also offer support in hospital and birth units as required.
MEMBER OF HOMEBIRTH ASSOCIATION: No
- **NAME:** Deborah Ross
AREA COVERED: West Auckland
CONTACT DETAILS: Mobile: (021) 358 190 Phone: (09) 414 5647 Fax: (09) 414 5647 Postal: 429a Great North Road, Henderson, Auckland 0610
COMMENTS: I am an Independent Midwife who does hospital or home birth Deliveries in the West Auckland area.
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- **NAME:** Lynden Shanahan, "Hauraki Midwives"
AREA COVERED: North Shore Auckland
CONTACT DETAILS: Mobile: (027) 475 8687 Phone: (09) 445 1032 Fax: (09) 445 1039 Postal: 36 Williamson Ave, Belmont 0622, Auckland Email: lynden@digit.co.nz
COMMENTS: Our philosophy of practice is that pregnancy and child birth are normal and natural life events. Our clients are generally well women who we encourage to be proactive in their own health and self care during pregnancy. We are happy to support women to birth at home, hospital or birthing centres and offer water births if circumstances permit. We embrace the use of complimentary therapies in pregnancy - e.g. Acupuncture, massage, homeopathy, herbal preparations if our clients choose. Alternatively we also work collaboratively with other health professionals should any complications of pregnancy, labour or birth arise.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable





DIRECTORY OF HOME BIRTH MIDWIVES

- **NAME:** Justine Small, "BirthWest"
AREA COVERED: West Auckland, Central West Auckland
CONTACT DETAILS: Mobile: (021) 276 2033 Pager: (086) 507 810 Fax: (09) 523 9296 Postal: 102 Wood Bay Road, Titirangi, Waitakere 0604 Email: justinesmall@orcon.net.nz Website: <http://www.birthwest.co.nz>
COMMENTS: I am an experienced midwife and have practised in both urban and rural settings. I grew up in West Auckland and am committed to working with women and their families - out west. I believe pregnancy, birth and parenthood are fundamentally healthy and natural life events and should unfold without unnecessary intervention. I work to protect and promote these normal processes and encourage women to birth within the context of their family and community – whatever that means for them. There is no 'right' way to grow, birth and parent our children, each family must find their own path. I will work with you to ensure you have strong support, thorough and accurate information and the space to choose – however your pregnancy, labour and birth unfolds. I support women birthing either at home or in hospital, am a strong advocate for the families I work with and will always refer to other health practitioners when required. I am married with two teenaged daughters and have been a midwife for 10 years.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Glenda Southey, "The Midwives Green Bay"
AREA COVERED: West Auckland
CONTACT DETAILS: Mobile: (021) 980 466 Postal: 33 Godley Rd, Green Bay, Waitakere City Email: gsouthey@xtra.co.nz
COMMENTS: I have been an independent midwife for over 14 years, and my interest in midwifery was inspired by my own wonderful birth experiences over 25 years ago. I joined the Auckland Homebirth Association and ran homebirth antenatal classes as a consumer. Later, once my girls were a bit older, I did my midwifery degree and have worked as a self employed midwife ever since. I work with a group of midwives in Green Bay "The Midwives" who as a group are strongly committed to promoting natural birth, waterbirth and home birth as an option for low risk, healthy women. We are very involving of fathers/partners throughout the pregnancy, and during the birth process. I love my job and can't imagine doing anything else!
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- **NAME:** Jane Townsend, "Simply Midwifery"
AREA COVERED: North Shore
CONTACT DETAILS: Mobile: (021) 064 1459 Email: jane@simplymidwifery.co.nz Website: <http://www.simplymidwifery.co.nz>
COMMENTS: I am able to offer home birth, water birth options for women on the North Shore, Auckland..
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- **NAME:** Beatle Treadwell
AREA COVERED: Women living on Waiheke Island
CONTACT DETAILS: Phone: (09) 372 9847 Postal: 20 Manuka St Blackpool Waiheke 1081
COMMENTS: On Waiheke we have a 30-40% home birth rate and, having had a waterbirth at home myself, I truly believe that home the best place for well women to birth their babies.
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- **NAME:** Lakshmi Venkataiah, "The Midwives Green Bay"
AREA COVERED: Waitakere City & Central Auckland
CONTACT DETAILS: Mobile: (027) 410 0640 Postal: 33 Godley Road, Green Bay, Waitakere City
COMMENTS: We are a very homebirth friendly practice with a high rate of women who choose to birth at home.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable





Home Birth Aotearoa

DIRECTORY OF HOME BIRTH MIDWIVES

- NAME: Laura Verryt, "The Midwives Collective"
AREA COVERED: West / Central Auckland
CONTACT DETAILS: Mobile: (021) 125 7654 Phone: (09) 845 5558 Email: lauraverryt@gmail.com
COMMENTS: I provide full LMC care to women in west and central Auckland, I love attending homebirths.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Nimisha Waller
AREA COVERED: Botany, Howick, Pakuranga, Beachlands and surrounding areas
CONTACT DETAILS: Phone: (09) 537 5568 Fax: (09) 537 5568 Postal: 23 Westview Court, Howick, Auckland 1705 Email: nimisha@howickmidwife.com Website: <http://www.howickmidwife.com>
COMMENTS: Offer birth at home, waterbirth, birth at Botany Maternity Unit and Middlemore Hospital.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Cathi Wintle, "Counties Independent Midwives"
AREA COVERED: Franklin District including Awhitu, Otatau, Waiuku, Pukekohe, Tuakau, Glenbrook, Karaka, Bombay.
CONTACT DETAILS: Mobile: (027) 494 6859 Email: cathiwintle@hotmail.com
COMMENTS: I provide full LMC care for normal pregnancy, and will do shared care with an obstetrician for high risk women (eg twins). I do homebirths and deliveries at Pukekohe Maternity Unit. I will provide antenatal and postnatal care and will attend delivery for women planning elective C-sections at Middlemore. I also do waterbirths.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable
- NAME: Carolyn Young
AREA COVERED: West Auckland
CONTACT DETAILS: Mobile: (021) 612 777 Phone: (09) 412 7778 Email: bernard.y@xtra.co.nz
COMMENTS: I am a founding member of the Home Birth Association and birthed my own children at home, many years ago! It is my preferred option of practice despite the more personalised care now possible in a hospital setting.
MEMBER OF HOMEBIRTH ASSOCIATION: Not currently applicable

