



## DIRECTORY OF HOME BIRTH MIDWIVES

The midwives listed here have all recently confirmed their details as part of our review completed in February 2010. We are still following up some of the original listings that are currently unconfirmed. If you think you should be listed here, please contact us by email at [info@homebirth.org.nz](mailto:info@homebirth.org.nz).

### Region: Hawkes Bay / Manawatu

- NAME: Lynley Allot  
AREA COVERED: Palmerston North and Tararuas  
CONTACT DETAILS: Phone: (06) 353 2052 Fax: (06) 353 2057 Postal: 247 Vogel St, Palmerston North, 4414 Email: [allott@maxnet.co.nz](mailto:allott@maxnet.co.nz)  
COMMENTS: I offer a family centred approach to birth. I love supporting women and their families to birth at home...a gentle, supportive, loving environment.  
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Cheryl Benn, "Birth Naturally"  
AREA COVERED: Mid central district including Manawatu  
CONTACT DETAILS: Phone: (06) 359 5024 Pager: (0865) 00671 Fax: (06) 359 5024 Postal: 3 Hardie Street, Palmerston North 4410 Email: [cherylbenn@paradise.net.nz](mailto:cherylbenn@paradise.net.nz)  
COMMENTS: My main job is teaching midwifery at Massey Univrsity in Palmerston North so I take a small number of women each year and committed to home birthing.  
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Elizabeth (Liz) Dunn, "Care Plus Midwives"  
AREA COVERED: Napier & Hastings  
CONTACT DETAILS: Pager: (06) 873 0317 Fax: (06) 835 0817 Postal: 30 Munroe Street, Napier 4110 Email: [elizabeth.dunn@xtra.co.nz](mailto:elizabeth.dunn@xtra.co.nz)  
COMMENTS: To promote and protect normal birth, and empower women to trust and nurture the courage within themselves to birth without fear.  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Julie Carlyon, "Midwifery Care"  
AREA COVERED: Himatangi, Tokamaru, Shannon, Feilding, Palmerston North, Opiki  
CONTACT DETAILS: Phone: (06) 326 7089 Postal: 931 Reid Line, RD 11, Palmerston North Email: [havill@xtra.co.nz](mailto:havill@xtra.co.nz)  
Website: <http://www.midwife4u.co.nz>  
COMMENTS: I am a dedicated midwife who would love to be involved in your life changing experience of having a baby. I am available for your antenatal, birth and postnatal experience. I am committed to providing care that supports women's cultural, spritual, physical and emotional needs  
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Tammi Heap, "Star Bundles Midwifery Ltd"  
AREA COVERED: Feilding and surrounding districts.  
CONTACT DETAILS: Phone: (06) 323 4618 Email: [tamalamb@xtra.co.nz](mailto:tamalamb@xtra.co.nz) Website: <http://www.starbundlesmidwifery.net>  
COMMENTS: Hi my name is Tammi Heap. I am a Registered Midwife & Registered Nurse, with 11 years of combined experience, who is committed to providing quality pregnancy, birth and postnatal care, for you and your family/whanau. I take a small caseload of 4-6 women a month. For women wishing to become pregnant, I also provide pre-conception information and advice to assist you in preparing for pregnancy. I am passionate about midwifery, and in keeping birth normal, with information and strategies to reduce the incidence of interventions. I strongly believe in empowering women and their families/whanau, in supporting their decisions and goals related to their desired pregnancy and birth experience. \* Your choice of antenatal appointments, in your home or clinic. \*Hospital, homebirth & waterbirth options available. \*Continuity of care throughout your antenatal, birth and postnatal period. \*At home visits offered in labour to avoid early admission/repeat trips to hospital (which results in an improved labour experience).  
MEMBER OF HOMEBIRTH ASSOCIATION: Yes





# Home Birth Aotearoa

## DIRECTORY OF HOME BIRTH MIDWIVES

- NAME: Heretaunga Street Midwives  
AREA COVERED: Manawatu area  
CONTACT DETAILS: Phone: (06) 354 1946 Fax: (06) 354 1947 Postal: 67 Heretaunga Street, Palmerston North Email: [professionalmidwifery@xtra.co.nz](mailto:professionalmidwifery@xtra.co.nz) Website: <http://www.professionalmidwifery.co.nz>  
COMMENTS: We are an established group of midwives who offer hospital or home births.  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Heather Jennings, "Care Plus Midwives"  
AREA COVERED: Napier & surrounds  
CONTACT DETAILS: Phone: (06) 873 0317 Fax: (06) 835 3092 Postal: 30 Munroe Street, Napier 4110 Email: [heathermidwife@kinect.co.nz](mailto:heathermidwife@kinect.co.nz)  
COMMENTS: I work with four other home birth midwives. We all encourage women to birth in an environment that enables a safe, comfortable and unique birth experience; at home with family surrounding and empowering the birthing mother.  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Julie Kinloch, "Independent Midwifery Centre"  
AREA COVERED: Hawkes Bay  
CONTACT DETAILS: Phone: (06) 8439 686 to leave a message for me to phone you back Postal: 234 Kennedy Rd, Napier  
COMMENTS: 20 years experience of attending births - Home / Water / Lotus. Think women are wonderful and can birth well with support, reassurance and time.  
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Angelika Mollmann, "Maya Midwives"  
AREA COVERED: Napier to Otane  
CONTACT DETAILS: Email: [mollmann@mac.com](mailto:mollmann@mac.com)  
COMMENTS: Maya Midwives are happy to support home births in Hawkes Bay. I have been a midwife for 18 years and in NZ for the last almost 7 years. Working in the bay, clinics at Havelock North  
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Lindsay Rowe, "Care Plus Midwives"  
AREA COVERED: Napier & Hastings  
CONTACT DETAILS: Postal: 30 Munroe Street, Napier 4110 Email: [k.lowe@xtra.co.nz](mailto:k.lowe@xtra.co.nz)  
COMMENTS:  
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Judy Stark, "Care Plus Midwives"  
AREA COVERED: Napier & Hastings  
CONTACT DETAILS: Postal: 30 Munroe Street, Napier 4110 Email: [judy4birth@xtra.co.nz](mailto:judy4birth@xtra.co.nz)  
COMMENTS: Midwife of 20 years experience. Also had homebirths for birth of my children.  
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Gemma Stewart  
AREA COVERED: Hawkes Bay  
CONTACT DETAILS: Fax: (06) 844 0311 Postal: P O Box 533, Napier 4140 Email: [g.stewart.nz@gmail.com](mailto:g.stewart.nz@gmail.com)  
COMMENTS:  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Cyd Welsh  
AREA COVERED: Waverly, Wanganui, Marton.  
CONTACT DETAILS: Phone: (06) 348 7889 Fax: (06) 348 4889 Email: [greyflyte@hotmail.com](mailto:greyflyte@hotmail.com)



Home Birth Aotearoa Trust

PO Box 17-324 Karori WELLINGTON  
phone: 04 499 1767  
email: [rep@homebirth.org.nz](mailto:rep@homebirth.org.nz)  
[www.homebirth.org.nz](http://www.homebirth.org.nz)

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To be added to the database of Home Birth Aotearoa Midwives,  
register free online at <http://www.homebirth.org.nz/registration.html>



Home Birth  
Aotearoa

## DIRECTORY OF HOME BIRTH MIDWIVES

COMMENTS: Homebirth, Waterbirth and Hospital birth as negotiated with birthing women.  
MEMBER OF HOMEBIRTH ASSOCIATION: Yes



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