



## DIRECTORY OF HOME BIRTH MIDWIVES

### Region: Hawkes Bay / Manawatu

- NAME: Lynley Allot  
AREA COVERED: Palmerston North and Tararua  
CONTACT DETAILS: Mobile: (027) 220 3510 Phone: (06) 353 2052 Fax: (06) 353 2057 Postal: 247 Vogel St, Palmerston North, 4414 Email: [allott@maxnet.co.nz](mailto:allott@maxnet.co.nz)  
COMMENTS: I offer a family centred approach to birth. I love supporting women and their families to birth at home...a gentle, supportive, loving environment.  
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Anete Andaze  
AREA COVERED: Hastings, Havelock North, Napier  
CONTACT DETAILS: Mobile: (021) 058 3440 Postal: 1 Lardon Place, Frimley, Hastings 4120 Email: [anetepik@gmail.com](mailto:anetepik@gmail.com)  
COMMENTS: Homebirths, Waterbirths & Hospital Births  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Cheryl Benn, "Positive Birthing"  
AREA COVERED: Manawatu and Tararua  
CONTACT DETAILS: Mobile: (027) 203 2930 Pager: (0865) 00671 Fax: (06) 359 5023 Postal: 3 Hardie Street, Palmerston North 4410 Email: [cherylbenn@paradise.net.nz](mailto:cherylbenn@paradise.net.nz)  
COMMENTS: Small caseload, passionately believe in women's ability to birth positively and without fear, co-author of New Zealand Pregnancy Book  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Paula Bolt, "Paula's Pregnancy Practice"  
AREA COVERED: Palmerston North, Foxton, Fielding & surrounding areas  
CONTACT DETAILS: Mobile: (027) 445 3362 Pager: (086) 500 735 Fax: (06) 354 2260 Email: [paula\\_bolt@xtra.co.nz](mailto:paula_bolt@xtra.co.nz)  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Helen Burlison, "Positive Birthing"  
AREA COVERED: Manawatu & Tararua regions  
CONTACT DETAILS: Mobile: (021) 125 9659 Pager: (086) 500 714 Fax: (06) 356 2632 Postal: 101 James Line, RD10, Palmerston North 4470 Email: [helenburlison@slingshot.co.nz](mailto:helenburlison@slingshot.co.nz)  
COMMENTS: I offer/provide family centered midwifery care and home care for women who plan to home-birth their babies. My philosophy of care is based on respect for pregnancy as a state of health, and childbirth as a normal physiologic process and a profound event in a woman's life; The safeguarding and promotion of health throughout the childbearing cycle and understanding that a woman caregiver must respect and support a woman so that she may give birth safely with power and dignity, are central to my philosophy of care.  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Elizabeth (Liz) Dunn, "Bay Beginnings"  
AREA COVERED: Napier & Hastings  
CONTACT DETAILS: Phone: (06) 873 7474 Fax: (06) 843 3876 Postal: 234 Kennedy Road, Napier Email: [elizabeth.dunn@xtra.co.nz](mailto:elizabeth.dunn@xtra.co.nz)  
COMMENTS: To promote and protect normal birth, and empower women to trust and nurture the courage within themselves to birth without fear.  
MEMBER OF HOMEBIRTH ASSOCIATION: No





# Home Birth Aotearoa

## DIRECTORY OF HOME BIRTH MIDWIVES

- **NAME:** Julie Carlyon, "Midwifery Care"  
**AREA COVERED:** Himatangi, Tokamaru, Shannon, Feilding, Palmerston North, Opiki  
**CONTACT DETAILS:** Mobile: (027) 407 9301 Phone: (06) 326 7089 Postal: 931 Reid Line, RD 11, Palmerston North Email: [havill@xtra.co.nz](mailto:havill@xtra.co.nz) Website: <http://www.midwife4u.co.nz>  
**COMMENTS:** I am a dedicated midwife who would love to be involved in your life changing experience of having a baby. I am available for your antenatal, birth and postnatal experience. I am committed to providing care that supports women's cultural, spritual, physical and emotional needs  
**MEMBER OF HOMEBIRTH ASSOCIATION:** Yes
- **NAME:** Nelly Hooper  
**AREA COVERED:** Palmerston North, Feilding, Rangitikei  
**CONTACT DETAILS:** Mobile: (027) 407 9293 Phone: (06) 354 6544 Postal: 4 Somerset Crescent, Palmerston North Website: <http://www.midwife4u.co.nz/>  
**MEMBER OF HOMEBIRTH ASSOCIATION:** Yes
- **NAME:** Tammi Heap, "Star Bundles Midwifery Ltd"  
**AREA COVERED:** Feilding and surrounding districts.  
**CONTACT DETAILS:** Mobile: (027) 345 4298 Phone: (06) 323 4618 Email: [tamalamb@xtra.co.nz](mailto:tamalamb@xtra.co.nz) Website: <http://www.starbundlesmidwifery.net>  
**COMMENTS:** Hi my name is Tammi Heap. I am a Registered Midwife & Registered Nurse, with 11 years of combined experience, who is committed to providing quality pregnancy, birth and postnatal care, for you and your family/whanau. I take a small caseload of 4-6 women a month. For women wishing to become pregnant, I also provide pre-conception information and advice to assist you in preparing for pregnancy. I am passionate about midwifery, and in keeping birth normal, with information and strategies to reduce the incidence of interventions. I strongly believe in empowering women and their families/whanau, in supporting their decisions and goals related to their desired pregnancy and birth experience. \* Your choice of antenatal appointments, in your home or clinic. \*Hospital, homebirth & waterbirth options available. \*Continuity of care throughout your antenatal, birth and postnatal period. \*At home visits offered in labour to avoid early admission/repeat trips to hospital (which results in an improved labour experience).  
**MEMBER OF HOMEBIRTH ASSOCIATION:** Yes
- **NAME:** Heretaunga Street Midwives  
**AREA COVERED:** Manawatu area  
**CONTACT DETAILS:** Phone: (06) 354 1946 Fax: (06) 354 1947 Postal: 67 Heretaunga Street, Palmerston North Email: [professionalmidwifery@xtra.co.nz](mailto:professionalmidwifery@xtra.co.nz) Website: <http://www.professionalmidwifery.co.nz>  
**COMMENTS:** We are an established group of midwives who offer hospital or home births.  
**MEMBER OF HOMEBIRTH ASSOCIATION:** No
- **NAME:** Bec Heyward, "Independent Midwives"  
**AREA COVERED:** Napier Hastings and surrounding areas  
**CONTACT DETAILS:** Phone: (06) 843 9686 Postal: 234 Kennedy Rd, Napier Email: [bec@haumoana.com](mailto:bec@haumoana.com)  
**COMMENTS:**  
**MEMBER OF HOMEBIRTH ASSOCIATION:** No





# Home Birth Aotearoa

## DIRECTORY OF HOME BIRTH MIDWIVES

- **NAME:** Heather Jennings, "Bay Beginnings"  
**AREA COVERED:** Napier, Hastings and surrounding areas.  
**CONTACT DETAILS:** Mobile: (027) 375 3220 Phone: (06) 873 7474 Fax: (06) 843 3876 Postal: 234 Kennedy Road, Napier, 4110 Email: [heathermidwife@kinect.co.nz](mailto:heathermidwife@kinect.co.nz)  
**COMMENTS:** I work with four other home birth midwives. We all encourage women to birth in an environment that enables a safe, comfortable and unique birth experience; at home with family surrounding and empowering the birthing mother.  
**MEMBER OF HOMEBIRTH ASSOCIATION:** No
- **NAME:** Annie Kinloch, "Positive Birthing"  
**AREA COVERED:** Manawatu & Tararua regions  
**CONTACT DETAILS:** Mobile: (027) 291 6130 Fax: (06) 326 7163 Postal: RD 1, Palmerston North 4471 Email: [akinloch@inspire.net.nz](mailto:akinloch@inspire.net.nz)  
**COMMENTS:** I provide home based midwifery care to women planning to birth at home. I work in a very supportive practice "Positive Birthing" and have a low case load. The cornerstone of our practise is to enable women to birth without unnecessary intervention.  
**MEMBER OF HOMEBIRTH ASSOCIATION:** No
- **NAME:** Julie Kinloch, "Independent Midwifery Centre"  
**AREA COVERED:** Hawkes Bay  
**CONTACT DETAILS:** Phone: (06) 8439 686 to leave a message for me to phone you back Postal: 234 Kennedy Rd, Napier  
**COMMENTS:** 20 years experience of attending births - Home / Water / Lotus. Think women are wonderful and can birth well with support, reassurance and time.  
**MEMBER OF HOMEBIRTH ASSOCIATION:** Yes
- **NAME:** Yoka Knox, "Bay Midwives"  
**AREA COVERED:** Hawkes Bay  
**CONTACT DETAILS:** Mobile: (021) 555 226 Phone: (06) 843 7207 Postal: 159 Kennedy Rd, Napier  
**COMMENTS:** I believe in women's ability to birth babies naturally. I believe in women's bodies and the incredible strength that all women have and sometimes discover at the time of birth. I love home births and water births (home and hospital) and I also support natural birthing in hospital.  
**MEMBER OF HOMEBIRTH ASSOCIATION:** No
- **NAME:** Sue Marshall, "Midwives at 104"  
**CONTACT DETAILS:** Mobile: (027) 753 7876 Postal: 1/104 Southland Rd, Hastings Email: [marshallraven@xtra.co.nz](mailto:marshallraven@xtra.co.nz)  
**MEMBER OF HOMEBIRTH ASSOCIATION:** No
- **NAME:** Inge Mills, "Maya Midwives"  
**AREA COVERED:** Napier, Hastings  
**CONTACT DETAILS:** Mobile: (027) 445 3629 Postal: 101 Puketapu Road, Taradale, Napier Email: [inge.mills@xtra.co.nz](mailto:inge.mills@xtra.co.nz)  
**COMMENTS:** I offer hospital and home births but I strongly believe in birthing at home and would like to attract a higher number of women who choose this option.  
**MEMBER OF HOMEBIRTH ASSOCIATION:** Unknown
- **NAME:** Angelika Mollmann, "Maya Midwives"  
**AREA COVERED:** Napier to Otane  
**CONTACT DETAILS:** Mobile: (027) 574 7997 Email: [mollmann@mac.com](mailto:mollmann@mac.com)  
**COMMENTS:** Maya Midwives are happy to support home births in Hawkes Bay. I have been a midwife for 18 years and in NZ for the last almost 7 years. Working in the bay, clinics at Havelock North  
**MEMBER OF HOMEBIRTH ASSOCIATION:** Unknown





# Home Birth Aotearoa

## DIRECTORY OF HOME BIRTH MIDWIVES

- NAME: Sheree Painter  
AREA COVERED: Tararua District, Pahiatua, Woodville and surrounding rural areas  
CONTACT DETAILS: Mobile: (027) 330 8939 Fax: (06) 376 6306 Postal: 190 Main Street, Pahiatua Email: [shereepainter@xtra.co.nz](mailto:shereepainter@xtra.co.nz)  
COMMENTS: Offering homebirth and waterbirth to women in the Tararua District  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Annie Price, "Meeanee Midwives"  
CONTACT DETAILS: Mobile: (021) 744 520 Fax: (06) 844 0311 Postal: 19 Meeanee Road, Napier Email: [annieprice@xtra.co.nz](mailto:annieprice@xtra.co.nz)  
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Lindsay Rowe, "Care Plus Midwives"  
AREA COVERED: Napier & Hastings  
CONTACT DETAILS: Postal: 30 Munroe Street, Napier 4110 Email: [k.lowe@xtra.co.nz](mailto:k.lowe@xtra.co.nz)  
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Judy Stark, "Care Plus Midwives"  
AREA COVERED: Napier & Hastings  
CONTACT DETAILS: Mobile: (027) 496 3647 Postal: 30 Munroe Street, Napier 4110 Email: [judy4birth@xtra.co.nz](mailto:judy4birth@xtra.co.nz)  
COMMENTS: Midwife of 20 years experience. Also had homebirths for birth of my children.  
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Gemma Stewart  
AREA COVERED: Hawkes Bay  
CONTACT DETAILS: Fax: (06) 844 0311 Postal: P O Box 533, Napier 4140 Email: [g.stewart.nz@gmail.com](mailto:g.stewart.nz@gmail.com)  
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Trish Varcoe  
AREA COVERED: Napier and Hastings  
CONTACT DETAILS: Mobile: (027) 872 2442 Phone: (06) 878 3947 Email: [trish.v@hotmail.com](mailto:trish.v@hotmail.com)  
COMMENTS: Empowering women to birth in the environment they feel most comfortable to do so.  
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- NAME: Cyd Welsh  
AREA COVERED: Waverly, Wanganui, Marton.  
CONTACT DETAILS: Mobile: (025) 289 3676 Phone: (06) 348 7889 Fax: (06) 348 4889 Email: [greyflyte@hotmail.com](mailto:greyflyte@hotmail.com)  
COMMENTS: Homebirth, Waterbirth and Hospital birth as negotiated with birthing women.  
MEMBER OF HOMEBIRTH ASSOCIATION: Yes

