



DIRECTORY OF HOME BIRTH MIDWIVES

The midwives listed here have all recently confirmed their details as part of our review completed in February 2010. We are still following up some of the original listings that are currently unconfirmed. If you think you should be listed here, please contact us by email at info@homebirth.org.nz.

Region: Otago

- NAME: Tracy Botica, "Homebirth Midwives Collective Dunedin"
AREA COVERED: Greater Dunedin Area
CONTACT DETAILS: Phone: (03) 467 9877 Email: midwife@sculpture.co.nz Website: <http://www.homebirthmidwife.org.nz>
COMMENTS: The focus of my midwifery care is the promotion of health and wellness through the sharing of knowledge. I passionately believe that birth is a family event not a medical event so I choose to work with women who are planning a home birth. If a need for hospital services arises during your pregnancy or labour, I continue to provide midwifery care, as I am committed to supporting you wherever your journey may take you. I provide total midwifery care for a small number of homebirthing women so both your family and my family get the care and attention they deserve. If you are looking for a midwife or would just like to know more about birthing at home, please feel free to call me on (03) 467 9877.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Chrissy Fallow, "Mamatoto Services"
AREA COVERED: Offering homebirth services in Central Otago and Queenstown Lakes District (ie Wakatipu area)
CONTACT DETAILS: Phone: (03) 449 3151 Fax: (03) 449 3152 Postal: PO Box 15, Clyde, 9341, Central Otago Email: mamatotoservices@gmail.com
COMMENTS: Midwife. Also lactation consultant (private service). Homebirths and waterbirths.
MEMBER OF HOMEBIRTH ASSOCIATION: No
- NAME: Margaret Gardener, "Homebirth Midwives Collective Dunedin"
AREA COVERED: Dunedin & the greater Dunedin area up to 1.30hrs from Dunedin.
CONTACT DETAILS: Phone: (03) 476 4663 Fax: (03) 476 4669 Postal: 19 Flagstaff Road, RDI, Dunedin 9076 Email: margaret.g@xtra.co.nz Website: <http://www.homebirthmidwife.org.nz>
COMMENTS: I registered as a midwife in 1982 in the UK & have worked in small &/or isolated communities in NZ & Canada as a nurse & midwife. Since the birth of my son in 1990 I have been case loading as an independent midwife in Dunedin. I offer home births throughout the greater Dunedin area. Maternity care is tailored to your needs & your wishes can usually be accommodated. I feel strongly that woman need as much support after the birth as they do during their pregnancies and the usual number of after birth visits is 10 - 12.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Heather LaDell
AREA COVERED: Dunedin City. I am especially keen on doing local births from Blueskin Bay to Port Chalmers to the West Harbour.
CONTACT DETAILS: Phone: (03) 482 2586 Email: heather.ladell@gmail.com
COMMENTS: I am also a registered nurse. I am passionate about attending women and families through the transformation of pregnancy, birth, and early parenting. I promote homebirth as a safe and gentle option for most women, and I also work with women choosing to birth in hospital. I aim to provide each woman with the support and information she needs to make her own journey through growing, birthing and mothering. I am working in partnership with Adrienne Mulqueen and together we provide 24 hour cover for our practice.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Vicki McMillan, "Sage Femme Midwives"
AREA COVERED: Central Otago
CONTACT DETAILS: Phone: (03) 449 3383 Postal: 3 Houlahan Street, Clyde 9330 Email: vickimidwife@hotmail.com
COMMENTS: My philosophy for midwifery practice is working in partnership with woman and their families and I believe that pregnancy and birth are normal life events. I aim to deliver midwifery care in a manner that is flexible, empowering, respectful and supportive. Fundamental to this is the sensitivity to acknowledge the woman and their families as individuals. Therefore I am motivated to meet women who will need support, guidance and nurturing on their life's journey. I also





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believe that birth is a unique experience for every woman. I recognize the importance of the journey a woman makes through pregnancy, childbirth and into motherhood.

MEMBER OF HOMEBIRTH ASSOCIATION: Yes

- NAME: Adrienne Mulqueen, "Beautiful Birth"
AREA COVERED: Dunedin City. I live on the Otago Peninsula so am especially keen on doing local births.
CONTACT DETAILS: Phone: (03) 478 0315 Postal: 246 Harington Pt Rd, R.D.2 Dunedin 9077 Email: amulqueen@ihug.co.nz
Website: <http://www.beautifulbirths.co.nz>
COMMENTS: I have been attending home births since 1983. I have had a couple of years off recently but found I was missing attending births so I have restarted my practice again. I love working with women and families as they prepare for and have their babies. My main focus is making sure that everyone has all the information they need to make informed choices that are right for them. I enjoy the variety that this brings and find it rewarding to help facilitate the unique experience that is birth. I am working in partnership with Heather LaDell and together we provide 24 hour cover for our practice.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Cecil Tamang, "Homebirth Midwives Collective Dunedin"
AREA COVERED: Dunedin area
CONTACT DETAILS: Phone: (03) 472 8683 Pager: (086) 505 515 Email: c_tamang@yahoo.com
COMMENTS: As a homebirth midwife, I offer full midwifery services for women and families planning to birth their baby at home. I see birth as a sacred, safe and unique journey for each baby, mother and family. My role is to support you in your own journey. It is my privilege to help families welcome their new babies in the gentlest and most loving possible way. Services I offer: Preconception preparation and clearing, Confirmation of pregnancy, Early pregnancy support/ information about birthing options and homebirth, Full antenatal care aimed to maximize mother and baby's health and vitality, Labour and birth care in your home, Support and advocacy in hospital should transfer become necessary, Postnatal care up to six weeks, Breastfeeding support and advice, All care is in your own home
MEMBER OF HOMEBIRTH ASSOCIATION: Yes
- NAME: Margo Townsend, "Sage Femme Midwives"
AREA COVERED: Central Otago, Wanaka, Hawea, Cromwell
CONTACT DETAILS: Phone: (03) 443 4950 Fax: (03) 443 4950 Postal: 22 Terranova Place, Wanaka Email: mapatownsend@hotmail.com
COMMENTS: Complete antenatal labour and post natal care offered. Antenatal classes available.
MEMBER OF HOMEBIRTH ASSOCIATION: Unknown
- , "Sage Femme Midwives"
AREA COVERED: Arrowtown, Queenstown, Glenorchy, Kingston
CONTACT DETAILS:
COMMENTS: I believe in natural birth, minimal intervention & always womans choice & can offer 20 yrs of experience in the Southland area specializing in Homeopathy (Dip Hom NZ 2009) & Waterbirth. I also have my Grade 2 Reiki cert. RGON. NZRM. Apart from home I will support woman to birth at Lakes District Hospital in Frankton. I have been working rurally for the past 3 yrs before that based in Invercargill. Southlander born & bred. I have 4 children three of which were hospital births & the last one born at home. I work with 3 other midwives in the Sage Femme Midwives Practice. We back each other up for time off on a regular basis. I provide all antenatal & postnatal visits in your home.
MEMBER OF HOMEBIRTH ASSOCIATION: Yes

